

2. DEMOGRAPHICS

Gender (RIAGENDR) *

Select...

Birth year *

YYYY

Birth month *

Select...

Birth day *

DD

3. HEALTH HISTORY & LIFESTYLE

Co-morbidities Check all that apply

- | | | |
|---|---|--|
| <input type="checkbox"/> BPQ020
Hypertension
Has a doctor ever told you had high blood pressure? | <input type="checkbox"/> DIQ010
Diabetes
Self-reported history of diabetes. | <input type="checkbox"/> KIQ020
Renal Impairment
Self-reported history of kidney disease or renal impairment. |
| <input type="checkbox"/> MCQ010
Asthma
Self-reported history of asthma. | <input type="checkbox"/> MCQ053
Anemia Treatment
Self-reported treatment for anemia. | <input type="checkbox"/> MCQ160A
Arthritis
Self-reported history of arthritis. |
| <input type="checkbox"/> MCQ160B
Congestive Heart Failure
Self-reported history of congestive heart failure. | <input type="checkbox"/> MCQ160C
Coronary Heart Disease
Self-reported history of coronary heart disease. | <input type="checkbox"/> MCQ160D
Angina
Self-reported history of angina. |
| <input type="checkbox"/> MCQ160E
Heart Attack
Self-reported history of heart attack. | <input type="checkbox"/> MCQ160F
Stroke
Self-reported history of stroke. | <input type="checkbox"/> MCQ160G
Emphysema
Self-reported history of emphysema. |
| <input type="checkbox"/> MCQ160I
Thyroid Disease
Self-reported history of thyroid disease. | <input type="checkbox"/> MCQ160J
Obesity
Self-reported history of obesity. | <input type="checkbox"/> MCQ160K
Chronic Bronchitis
Self-reported history of chronic bronchitis. |
| <input type="checkbox"/> MCQ160L
Liver Disease
Self-reported history of liver disease. | <input type="checkbox"/> MCQ220
Malignancy
Self-reported history of malignancy or cancer. | <input type="checkbox"/> OSQ060
Osteoporosis
Self-reported history of osteoporosis. |
| <input type="checkbox"/> OSQ010A
Hip Fracture
Self-reported history of hip fracture. | <input type="checkbox"/> OSQ010B
Wrist Fracture
Self-reported history of wrist fracture. | <input type="checkbox"/> OSQ010C
Spine Fracture
Self-reported history of spine fracture. |
| <input type="checkbox"/> PFQ056
Cognitive Impairment
Self-reported cognitive impairment. | <input type="checkbox"/> HUQ070
Hospitalization
Self-reported history of hospitalization. | |

SELF-PERCEIVED HEALTH

General Health

Would you say your health in general is...

Select...

Health Trend

Compared with one year ago, how would you rate your health now?

Select...

UTILIZATION & HABITS

Healthcare Use

During the past 12 months, how many times have you seen a doctor or health professional about your health?

Select...

Cigarettes Per Day

How many cigarettes do you smoke per day?

0 - 40

4. LAB BIOMARKERS

BIOMARKER	CODE	VALUE	REFERENCE	STATUS
CARDIOVASCULAR				
Heart Rate	BPXPLS	bpm	—	
Systolic Blood Pressure	BPXSAR	mmHg	—	
Diastolic Blood Pressure	BPXDAR	mmHg	—	
NT-proBNP	SSBNP	pg/mL	—	
BODY COMPOSITION				
Body Mass Index	BMXBMI	kg/m ²	—	
IRON AND VITAMINS				
Iron	LBDIRNSI	μmol/L	—	
Total Iron Binding Capacity	LBDTIBSI	μmol/L	—	
Transferrin Saturation	LBXPCT	%	—	
Ferritin	LBDFERSI	μg/L	—	
Folate	LBDFOLSI	nmol/L	—	
Vitamin B12	LBDB12SI	pmol/L	—	
HEMATOLOGY				
White Blood Cell Count	LBXWBCSI	×10 ³ /μL	—	
Lymphocytes Percentage	LBXYLPCT	%	—	
Lymphocyte Count	LBLYMNO	×10 ³ /μL	—	
Monocytes Percentage	LBXMOPCT	%	—	
Monocyte Count	LBDMONO	×10 ³ /μL	—	
Neutrophils Percentage	LBXNEPCT	%	—	
Neutrophil Count	LBNDENO	×10 ³ /μL	—	
Eosinophils Percentage	LBXEOPCT	%	—	
Eosinophil Count	LBDEONO	×10 ³ /μL	—	
Basophils Percentage	LBXBAPCT	%	—	
Basophil Count	LBDBANO	×10 ³ /μL	—	
Red Blood Cell Count	LBXRBCSI	×10 ⁶ /μL	—	
Hemoglobin	LBXHGB	g/dL	—	
Hematocrit	LBXHCT	%	—	
Mean Cell Volume	LBXMCVSI	fL	—	
Mean Cell Hemoglobin	LBXMCHSI	pg	—	
Mean Cell Hemoglobin Concentration	LBXMC	g/dL	—	
Red Cell Distribution Width	LBXRDW	%	—	
Platelet Count	LBXPLTSI	×10 ³ /μL	—	
Mean Platelet Volume	LBXMPSI	fL	—	
INFLAMMATION				
C-Reactive Protein	LBXCRP	mg/dL	—	
METABOLIC				
HbA1c	LBXGH	%	—	
Glucose, Serum (Fasting)	LBDSGLSI	mmol/L	—	
LIVER FUNCTION				
Albumin	LBDSALSI	g/L	—	
ALT	LBXSATSI	U/L	—	
AST	LBXSASSI	U/L	—	
Alkaline Phosphatase	LBXSAPSI	IU/L	—	
Total Bilirubin	LBSTBSI	μmol/L	—	
Total Protein	LBSTPSI	g/L	—	
Globulin	LBDSGBSI	g/L	—	
Lactate Dehydrogenase	LBXSLDSI	U/L	—	
RENAL FUNCTION				
Blood Urea Nitrogen	LBDSBUSI	mmol/L	—	
Creatinine	LBDSCRSI	μmol/L	—	
Uric Acid	LBDSUASI	μmol/L	—	
Phosphorus	LBDSPHSI	mmol/L	—	
Urine Albumin	URXUMASI	mg/L	—	
Urine Creatinine	URXUCRSI	μmol/L	—	
ELECTROLYTES				
Calcium	LBDSIASI	mmol/L	—	
Bicarbonate	LBXSC3SI	mmol/L	—	
Sodium	LBXSNASI	mmol/L	—	
Potassium	LBXSKSI	mmol/L	—	
Chloride	LBXSCLSI	mmol/L	—	
LIPIDS				
LDL Cholesterol (Measured)	LBDLDSI	mmol/L	—	
Total Cholesterol	LBDTCSI	mmol/L	—	
HDL Cholesterol	LBHDLSI	mmol/L	—	
Triglycerides	LBSTRSI	mmol/L	—	
EXPOSURE				
Cotinine	LBXCOT	ng/mL	—	